

SHARE THE HEALTH

WEDNESDAY, MAY 16TH

AT THE SHEBOYGAN AND
SHEBOYGAN FALLS YMCA

5AM-10PM

**FREE & OPEN TO THE PUBLIC
FOR NATIONAL EMPLOYEE
HEALTH AND FITNESS DAY!**



- *ACCESS TO THE LAKEVIEW AND RIVERVIEW WORKOUT FACILITIES
- *GROUP FITNESS CLASSES
- *GYM SPACE AND LANE SWIMMING SUBJECT TO AVAILABILITY

SHEBOYGAN YMCA: 812 BROUGHTON DR. SHEBOYGAN, WI 53081
SHEBOYGAN FALLS YMCA: 305 BUFFALO ST. SHEBOYGAN FALLS, WI 53085

