

Tips to Help Your Child Prepare for Testing

- Meet with your child's teacher as often as needed to discuss his or her progress. Ask the teacher to suggest activities for you and your child to do at home to help prepare for tests and improve your child's understanding of schoolwork. Parents and teachers working together benefits students.
- Provide a quiet, comfortable place for studying at home.
- Make sure that your child is well rested on school days and especially the day of a test. Children who are tired are less able to pay attention in class or to handle the demands of a test.
- Give your child a well-rounded diet. A healthy body leads to a healthy, active mind.
- Provide books and magazines for our child to read at home. By reading new materials, a child learns new words that might appear on a test. Ask your child's school about a suggested outside reading list or get suggestions from the public library.