



HARVEST of the MONTH

2017 ————— 2018

Harvest of the Month highlights a locally available crop each month of the year in school cafeterias, community organizations, restaurants, and grocery stores. The program helps children, their caregivers, and the broader community learn more about healthy, seasonal, whole-foods eating, while supporting local farms.



SEPTEMBER
Bell Pepper



MARCH
Carrots



OCTOBER
Apples



APRIL
Spinach



NOVEMBER
Celery



MAY
Culinary Herbs



DECEMBER
Garlic



JUNE
Asparagus



JANUARY
Cabbage



JULY
Green Beans



FEBRUARY
Potatoes &
Rutabagas



AUGUST
Cherry
Tomatoes

