

June 2017

Sheboygan Area School District Summer Nourishment



South High School

June Summer Lunch Menu

Menu and Serving Times Subject to Change

Check our website for updated info:

<http://www.sheboygan.k12.wi.us/families/summermeals.cfm>

Monday through Friday | June 15th to June 30th | July 10th to August 3rd

Lunch Serving Times: 11:30 am to 1:00 pm

Location: South High Cafeteria and Commons

Address: 3128 South 12th Street



Monday



Tuesday

Wednesday

Thursday

Friday

Summer Meals are FREE for all kids 18 and under! Questions? Contact Amy Giffin, School Nutrition Supervisor at 920-208-4587 or agiffin@sasd.net

Milk offered daily:

- Skim White
- 1% White
- Skim Chocolate

Join us each week for taste tests of locally grown fresh produce. Thanks to Nourish Farms for coordinating!



This institution is an equal opportunity provider



Italian Combo Wrap or PB&J Sandwich
Baby Carrots
Fresh Fruit
Choice of Milk
Taste Test: Strawberries

Grilled Cheese Sandwich
Broccoli or Cauliflower w/ Ranch Dressing
Applesauce Cup
Choice of Milk

Meat Calzone
Baby Carrots and Celery Sticks w/ Ranch Dressing
Applesauce Cup
Choice of Milk

Popcorn Chicken or Chicken Nuggets
Broccoli or Cauliflower w/ Ranch or Hummus Cup
Fresh Fruit
Choice of Milk

Cheeseburger on Bun
Tomato Slices and Lettuce
Sliced Onions & Pickles
Fresh Fruit
Choice of Milk
Taste Test: Kohlrabi

Chicken Patty on a Bun
Tomato Slices and Lettuce
Tator Tots
Fresh Fruit
Choice of Milk

Pork BBQ Rib Sandwich
Coleslaw
Fresh Veggies
Applesauce Cup
Choice of Milk

Chicken Tenders
Baby Carrots and Celery Sticks, Hummus Cup, Fruit Sidekicks Cup
Choice of Milk

Grilled Chicken Patty on Hamburger Bun
Cucumber Slices
Fresh Fruit
Choice of Milk

Chicken Nuggets
Baked Crinkle Fries
Grape Tomatoes
Fresh Fruit
Choice of Milk
Taste Test: Snap Peas

Beef Walking Tacos
Lettuce and Queso Sauce
Salsa Cup
Fresh Fruit
Choice of Milk

Choice of Sandwich
Fresh Veggies
Applesauce Cup
Choice of Milk



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July & August Summer Lunch Menu

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- Skim White
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Chicken Nuggets, Baby Carrots Ranch or Hummus Applesauce Cup Choice of Milk **10**

Beef Burger Patty on Whole Grain Bun Tomato Slices & Lettuce Onions and Pickles Sliced Pears Choice of Milk **11**

Shredded Turkey & Gravy over Mashed Potatoes Celery Sticks w/ Ranch Fresh Fruit Choice of Milk **12**
Taste Test: Green Beans

Chicken Quesadilla, Salsa Cup and Lettuce Diced Fruit Mix Choice of Milk **13**

Mini Ravioli with a Breadstick Broccoli or Cauliflower w/ Ranch Dressing Applesauce Cup Choice of Milk **14**

Mini Cheese Pizza Bagels Baby Carrots and Celery Sticks w/ Ranch Dressing Fruit Cup Choice of Milk **17**

Popcorn Chicken Broccoli or Cauliflower w/ Ranch or Hummus Cup Fruit Cup Choice of Milk **18**

Cheeseburger on Bun Tomato Slices and Lettuce Sliced Onions & Pickles Fresh Fruit Choice of Milk **19**
Taste Test: Cucumber

Chicken Patty on a Bun Tomato Slices and Lettuce Tator Tots Fruit Cup Choice of Milk **20**

Chicken Alfredo over Whole Grain Pasta Bell Pepper Strips and Zucchini Slices w/ Ranch Fruit Sidekicks Cup Choice of Milk **21**

Chicken Tenders Baby Carrots and Celery Sticks, Hummus Cup Fruit Cup Choice of Milk **24**

BBQ Pork Sandwich Coleslaw Cucumber Slices Fruit Cup Choice of Milk **25**

Chicken Nuggets Baked Crinkle Fries Fresh Veggies Fresh Fruit Choice of Milk **26**
Taste Test: Cherry Tomatoes

Walking Tacos Lettuce and Queso Sauce Salsa Cup Fruit Cup Choice of Milk **27**

Choice of Sandwich Fresh Veggies Applesauce Cup Choice of Milk **28**

Chicken Nuggets, Baby Carrots, Ranch or Hummus, Applesauce Cup Choice of Milk **31**

Beef Burger Patty on Whole Grain Bun Tomato Slices & Lettuce, & Onions Sliced Pears, Choice of Milk **1**

Mini Ravioli with a Breadstick Broccoli or Cauliflower w/ Ranch Dressing Applesauce Cup Choice of Milk **2**

Choice of Sandwich Fresh Veggies Applesauce Cup Choice of Milk **3**

NO SUMMER MEALS AT SOUTH