





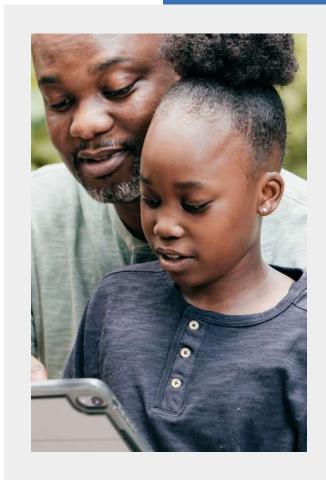
TRIPLE P, POSITIVE PARENTING PROGRAM

RAISING RESILIENT CHILDREN

MONDAY, MARCH 18, 2024 6-7:30PM

LAKE COUNTRY ACADEMY 4101 TECHNOLOGY PKWY, SHEBOYGAN, WI 53083

ONE OF THE MOST IMPORTANT TASKS OF PARENTHOOD IS HELPING CHILDREN LEARN TO COPE WITH THEIR EMOTIONS. THIS SEMINAR WILL EQUIP YOU AS A PARENT TO LEARN HOW TO HELP YOUR CHILD BECOME RESILIENT WHEN FACING STRESSFUL LIFE EVENTS. THESE SKILLS INCLUDE: RECOGNIZING AND ACCEPTING FEELINGS, EXPRESSING FEELINGS APPROPRIATELY, BUILDING A POSITIVE OUTLOOK, DEVELOPING COPING SKILLS, DEALING WITH NEGATIVE FEELINGS, AND DEALING WITH STRESSFUL LIFE EVENTS.



REGISTER BY MARCH 11, 2024 AT:

FRC: (920) 892-6706, SCAN THE CODE OR ONLINE:

HTTPS://FAMILYRESOURCESHEBOYGAN.ORG/EVENTS/

