

July 31, 2020

We acknowledge the importance athletic participation has in the lives of our students in terms of their emotional, social welfare, and physical health. As school districts prepare for varied instructional models for the Fall, we are preparing for modifications to our FRCC athletic schedules.

Currently, our schedules include both conference and non-conference contests. In an effort to limit student contact and mitigate the spread of COVID 19, the FRCC is adopting a “conference only” competition model for our 2020 Fall sport season. The elimination of non-conference contests limits the exposure of FRCC athletes to only FRCC schools. Updated schedules will be provided on the high school websites by August 17. Schedules will remain fluid throughout the Fall season.

In addition, this past week the FRCC superintendents moved back the start dates of Girls Tennis, Girls Golf, Girls Swim, and Cross Country to September 1.

The only certainty we have at this time is that no sports will start earlier than Sept.1. Individual districts may choose to pause or cancel fall sports at any given time depending on circumstances regarding COVID 19.

Updated Fall Sports Start Dates for FRCC schools:

September 1 (First Practice): Girls Tennis, Girls Golf, Girls Swim, Cross Country

September 7 (First Practice): Volleyball, Boys Soccer, Football

Student/Parent Action Items for Early August:

- Make sure student/athlete physicals are up to date. If your child is in need of a physical for this school year, schedule an appointment with a physician for August. Please contact the activities secretary at South (Mary Risse mrisse@sasd.net) or North (Heidi Prisinger hprisinger@sasd.net) with questions regarding physicals.

[Student-Athlete Physical Card](#) Last physical before April 1, 2019 use this form

[Student-Athlete Alternate-Year Physical Card](#) Last physical after April 1, 2019 use this form

- If your child is interested in participating in a fall sport, please email the head coach directly. Head coach email addresses are available on the respective school website.

Please hold off on paying the sport activity fee on Skyward until the week of August 24th.

Stay Well,

Dan Stengel - Activities Director Sheboygan North High School

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