

# 2025 Fall Swimming Lessons @ Central Pool

843 Jefferson Avenue (Enter using the Etude Middle school entrance and down the stairs)

**All swim lessons are \$24 per session**

**Children must be 48" tall or self sustaining in the water to take lessons at Central Pool**

<b>Step 2</b> Tuesday or Thursday		
Date	Time	Code #
Sep 16-Oct 21	5:30-6:10 pm	<a href="#">2669</a>
Sep 18-Oct 23	4:30-5:10pm	<a href="#">2670</a>
Nov 4-Dec 9	4:30-5:10pm	<a href="#">2671</a>
Nov 6-Dec 11	5:30-6:10 pm	<a href="#">2672</a>

<b>Step 3</b> Tuesday or Thursday		
Date	Time	Code #
Sep 16-Oct 21	4:30-5:10 pm	<a href="#">2673</a>
Sep 18-Oct 23	5:30-6:10 pm	<a href="#">2674</a>
Nov 6-Dec 11	4:30-5:10 pm	<a href="#">2675</a>

<b>Step 4</b> Thursday		
Date	Time	Code #
Sep 18-Oct 23	6:30-7:10 pm	<a href="#">2676</a>
Nov 6-Dec 11	5:30-6:10 pm	<a href="#">2677</a>

<b>Step 4/5 Combo</b> Thursday		
Date	Time	Code #
Nov 6-Dec 11	6:30-7:10 pm	<a href="#">2678</a>

<b>Step 2</b>	Develops floating on front and back, flutter kicking, and introduces the front crawl. Rhythmic breathing and treading is also introduced.
<b>Step 3</b>	Rhythmic breathing for front crawl, back crawl, and diving is introduced. Also, elementary back stroke and scissors kick
<b>Step 4</b>	Perfects all strokes and adds endurance to all.
<b>Step 4/5 Combo</b>	Combination of both step 4 and 5. Perfect for the child in between steps.

Parents are responsible for their children before, during and after the swim lesson.

Parents are also responsible for their childrens behavior in the locker rooms and the shower area.

Community Recreation Department is not responsible for lost or stolen items.

If you have any questions please call Geri Rusch at 920-459-6739 or email at [grusch@sasd.net](mailto:grusch@sasd.net)

