

# Summer Swimming Lessons @ South High Pool

1240 Washington Avenue, enter through door #26

**All Swim Lessons are FREE!**

**Children must be 48" or self sustaining in the water to swim at South**

Registration is required and will open online at 8:00am on May 7th

Monday - Thursday <b>June 17-27</b>		
Time	Step	Code #
10:30-11:10am	Step 3	<a href="#">1864</a>
11:30-12:10pm	Step 2	<a href="#">1865</a>
1:00-1:40pm	Step 6	<a href="#">1866</a>
2:00-2:40pm	Step 5	<a href="#">1867</a>
3:00-3:40pm	Step 4	<a href="#">1868</a>
4:00-4:40pm	Step 3	<a href="#">1869</a>

Monday - Thursday <b>July 8-18</b>		
Time	Step	Code #
10:30-11:10am	Step 2	<a href="#">1870</a>
11:30-12:10pm	Step 6	<a href="#">1871</a>
1:00-1:40pm	Step 3	<a href="#">1872</a>
2:00-2:40pm	Step 4	<a href="#">1873</a>
3:00-3:40pm	Step 5	<a href="#">1874</a>
4:00-4:40pm	Step 4	<a href="#">1875</a>

Monday - Thursday <b>July 22-August 1</b>		
Time	Step	Code #
10:30-11:10am	Step 6	<a href="#">1876</a>
11:30-12:10pm	Step 3	<a href="#">1877</a>
1:00-1:40pm	Step 2	<a href="#">1878</a>
2:00-2:40pm	Step 4	<a href="#">1879</a>
3:00-3:40pm	Step 3	<a href="#">1880</a>
4:00-4:40pm	Step 5	<a href="#">1881</a>

Monday - Thursday <b>August 5-15</b>		
Time	Step	Code #
10:30-11:10am	Step 4	<a href="#">1882</a>
11:30-12:10pm	Step 5	<a href="#">1883</a>
1:00-1:40pm	Step 3	<a href="#">1884</a>
2:00-2:40pm	Step 6	<a href="#">1885</a>

<b>Step 2</b>	Introduces the basics for learning how to swim. Floats, flutter kicks, glides and bobbing. Front crawl is also introduced.
<b>Step 3</b>	Coordinated rhythmic breathing for front crawl is taught along with introducing back crawl, butterfly kick and diving.
<b>Step 4</b>	Perfects both front and back crawls, elementary backstroke and breast stroke are also taught. Added endurance for all strokes and standing dives.
<b>Step 5</b>	Refines all strokes and flip turns are added. More endurance and surface dives.
<b>Step 6</b>	Personal safety, a review of all strokes and endurance.



**SHEBOYGAN AREA**  
SCHOOL DISTRICT  
Community Recreation