

Summer Swimming Lessons @ South High Pool

1240 Washington Avenue, enter through door #26

All Swim Lessons are FREE!

Children must be 48" or self sustaining in the water to swim at South

Registration is required and will open online at 8:00am on May 7th

STEP 2		
Monday through Thursday		
Date	Time	Code #
July 8-18	10:30-11:10am	1870
July 22-25	1:00-1:40pm	1878

STEP 4		
Monday through Thursday		
Date	Time	Code #
July 8-18	2:00-2:40pm	1873
July 8-18	4:00-4:40pm	1875
July 22-25	2:00-2:40pm	1879
Aug 5-15	10:30-11:10am	1882

STEP 3		
Monday through Thursday		
Date	Time	Code #
July 8-18	1:00-1:40pm	1872
July 22-25	11:30-12:10pm	1877
July 22-25	3:00-3:40pm	1880
Aug 5-15	1:00-1:40pm	1884

STEP 5		
Monday through Thursday		
Date	Time	Code #
July 8-18	3:00-3:40pm	1874
July 22-25	4:00-4:40pm	1881
Aug 5-15	11:30-12:10pm	1883

STEP 6		
Monday through Thursday		
Date	Time	Code #
July 8-18	11:30-12:10pm	1871
July 22-25	10:30-11:10am	1876
Aug 5-15	2:00-2:40pm	1885

Step 2	Introduces the basics for learning how to swim. Floats, flutter kicks, glides and bobbing. Front crawl is also introduced.
Step 3	Coordinated rhythmic breathing for front crawl is taught along with introducing back crawl, butterfly kick and diving.
Step 4	Perfects both front and back crawls, elementary backstroke and breast stroke are also taught. Added endurance for all strokes and standing dives.
Step 5	Refines all strokes and flip turns are added. More endurance and surface dives.
Step 6	Personal safety, a review of all strokes and endurance.



SHEBOYGAN AREA
 — SCHOOL DISTRICT —
 Community Recreation