

SHEBOYGAN AREA SCHOOL DISTRICT

Xyoo Kawm _____

ME NYUAM NTAWV TXIAV TXIM PAB THAUM MUAJ KEV FAB KEV PHIV (Kab, Khood Noj los sis Yas Roj Hmab ua rau Fab los Phiv)

Place
Picture
Here

Me Nyuam Npe _____ Hnub Yug _____

Tsev Kawm Ntawv _____ Qib _____ Xib Fwb/Chav Kawm _____

Niam Txiv/Tus Tswj Fwm _____

Chaw Nyob _____

Xov tooj (tsev) _____ Xov tooj (ntawm tes) _____ Xov tooj (hauj lwm) _____

Niam Txiv/Tus Tswj Fwm _____

Chaw Nyob _____

Xov tooj (tsev) _____ Xov tooj (ntawm tes) _____ Xov tooj (hauj lwm) _____

Thaum muaj kev kub ntshov hu rau _____ Txheeb ze li cas _____

Xov tooj (tsev) _____ Xov tooj (ntawm tes) _____ Xov tooj (hauj lwm) _____

Kws Kho Mob _____ Xov tooj _____

KEV NPAJ TSWJ RAU THAUM MUAJ KEV FAB KEV PHIV

Koj tus me nyuam fab phiv rau yam dab tsi: _____

Yog koj tus me nyuam muaj kev fab rau roj hmab (latex), puas yuav tau muab cov khoom muaj roj hmab no tshem tawm hauv nws qhov chaw kawm ntawm mus?

	Yuav tau muab	Tsis thas muab	Sob lus no tsis hais txog kuv
Khij cov tsos mob tau tshwm sim rau koj tus me nyuam yav tas los thaum nws tau fab:			
Ua Xua	Khaus	Hauv siab Ceev Ceev	Ua Pa Nyuab Nyuab
Tus Nplaig O	Kiv Taub Hau	Ntshav Qis	Hnov qab lawm es tsis nco tom ntej tom qab
O ntawm qhov chaw		Liab liab ntawm qhov chaw	Lwm Yam

Yog thaum cov tsos mob no tshwm sim, yuav tshwm sim sai npaum li cas thiab yuav kom tsev kawm ntawv cov neeg ua hauj lwm pab li cas? _____

Koj tus me nyuam puas muaj tus mob hawb pob ua pa tsis nto (Asthma):

Muaj (muaj feeb ua rau mob loj heev tuaj) **Tsis muaj**

Me nyuam hnyav li cas: _____ lbs.

Koj tus me nyuam puas yuav tau siv tshuaj thaum nws muaj qhov mov fab los phiv? Yuav tau siv Tsis siv

***Yuav tsum ua **Daim Ntawv Tso Cai Siv Tshua**

Hom tshuaj dab tsi? _____

Koj tus me nyuam puas muaj koob tshuaj Epi Pen? Muaj Tsis Muaj

Koj tus me nyuam puas muaj koob tshuaj Epi Pen nyob rau tom tsev kawm ntawv? Muaj Tsis Muaj

Nyob qhov twg? _____

Yog yuav tau siv tshuaj tom tsev kawm ntawv, yuav tsum ua **Daim Ntawv Tso Cai Siv Tshuaj** kom tiav

***Yog koj tus me nyuam **yuav tau** caiv qee yam khoom noj los sis yuav tau hloov lwm yam khoom noj vim ua tau rau nws fab, koj yuav tsum hais qhia rau **Tsev Kawm Ntawv Chav Noj Qab Haus Huv** (School Nutrition) ntawm

(920) 208-4587

Niam Txiv/Tus Tswj Fwm Kos Npe _____ **Hnub Tim** _____

Rau TEJ yam mob hauv qab no TSOS MOB HNYAV

NTSWS: Ua pa luv, Hawb pob, Hnoos tas li

PLAWV: muag daj, xiav, tsis muaj zog, plawv dhia qeeb, kiv kiv

QA: Nruj nruj, Txhaws qa, ua pa nyuab/Nqos nyuab

QHOV NCAUJ: Ua rau nplaig o thiab/los yog di ncauj o loj

TAWV NQAIJ: Ua pob xua thoo plaws ib ce, liab thooj plaws

PLAB HNYUV: Ntuav tas ntuav dua, raws plab hnyav

LWM YAM: Xav zoo li yuav muaj xwm txheej phem tshwm sim, muaj kev ntxhov siab ntshai ntshai, ntxhov siab tsi feeb meej

Los sis **OB PEB TSOS MOB** tshwm tej qhov chaw ntawm lub cev.

1. TXHAJ TSHUAJ PAB UA PA (EPINEPHRINE) TAM SIV

2. **Hu xov tooj rau 911.** Qhia rau lawv paub tias tus me nyuam tab tom fab hnyav heev (anaphylaxis) thiab tej zaum yuav tau siv cov tshuaj pab ua pa (epinephrine) thaum lawv tuaj txog.

*Xam seb yuav muab tshuaj li cas ntxiv lawv cov tshuaj ua pa (epinephrine):

*tshuaj txhaum (antihistamines)

* kav tshuaj nqus pab ua pa

(bronchodilator) yog hawb pob ua pa tsis nto

*Muab tus neeg tso pw tiaj tiaj, muab ob sab ceg tsa thiab nyob kom sov. Yog ua tsis tshuam taus pa los sis lawv ntuav, ces cia lawv zaum ntsug los sis pw tig rau ib sab.

*Yog cov tsos mob tsis zoo zus, los sis cov tsos mob rov qab tshwm sim, kuj muab tau cov tshuaj pab ua pa (epinephrine) ntxiv rau tom qab li ntawm 5 feeb los sis ntau dua nas this (minutes) tom qab tshaj koom tshuaj tag los.

*Hais qhia rau cov neeg txheeb ze ua yuav tau hu rau

TSOS MOB ME NTSIS

TAUB NTSWG: khaus/los ntswg, txham ntswg

QHOV NCAUJ: Khaus qhov ncauj

TAWV NQAIJ: Ua pob xua me ntsis, khaus me ntsis

PLAB HNYUV: xeeb siab/tsis xis nyob me ntsis

RAU COV TSOS MOB ME NTSIS NTAWM OB QHOV LOS SIS NTAU QHOV CHAW, MUAB TSHUAJ (EPINEPHRINE) RAU.

RAU COV TSOS MOB ME NTSIS RAU IB QHOV CHAW, UA RAWS LI COV LUS TAW QHIA HAUV QAB NO:

1. Muab tau cov tshuaj txhaum (Antihistamines) rau, yog tias tso cai los ntawm tus kws kho mob.

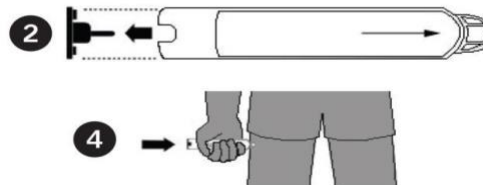
2. Nyob nrog tus me nyuam; hais qhia rau cov neeg txheeb ze yuav tau hu thaum muaj kev kub ntxhov.

3. Saih xuias kom zoo zoo seb nias txawv txav

Ntawv Qhia: Tsis txhob cia siab rau cov tshuaj txhaum hu (antihistamines) los sis cov kav tshuaj pab ua pa (bronchodilators) los kho tso mob hnyav. SIV COV TSHUAJ CAWM HU FPINFHRINF!

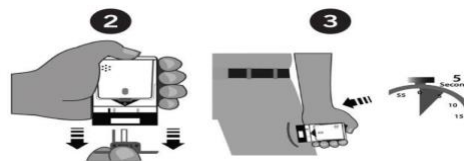
COV LUS TAW QHIA TXHAJ RAJ TSHUAJ EPIPEN® (EPINEPHRINE) NKAUG NCAJ KHA (auto-injector)

1. Tshem koob tshuaj EpiPen Auto-Injector ntawm kav yas ntim ntawd.
2. Rub tawm lub hau kob xim xiav
3. Fiaf thiab nias khov khov lub hau koob kob xim txiv kab ntxwv rau ntawm sab nruab nrab nraum ntug ncej puab.
4. Tuav mus li 10 chib (vib nas thi; 10 seconds).
5. Muab rho tawm thiab zuaj qhov chaw ntawm li10 chib (vib nas thi).



COV LUS TAW QHIA TXHAJ RAJ TSHUAJ AUVI-Q™ (EPINEPHRINE INJECTION, USP)

1. Tshem lub kav looj sab nraum koob tshuaj Auvi-Q tawm. Ua li no ces lub kav yuav tso lus hais taw qhia.
2. Rub tawm qhov hau kob xim liab.
3. Muab tog kob xim dub twb rau sab nruab nrab nraum ntug ncej puab
4. Nias khov khov thiab tuav li 5 chib (vib nas thi; seconds)
5. Muab tshem tawm ntawm sab ncej puab.



COV LUS TAW QHIA TXHAJ RAJ TSHUAJ ADRENALCLICK®/ADRENALCLICK®

1. Tshem lub hnav qhww sab nrau tawm.
2. Tshem lub hau kob xim tshauv sau "1" thiab "2".
3. Muab lub ntsis kob xim liab kheej kheej tso puab rau sab nruab nrab nraum ntug ncej puab.
4. Niam mus hauv kom txog thaum rab koob tshab.
5. Tuav cia li ntawm 10 chib (vib nas thi; seconds) Muab tshem tawm los ntawm sab ncej puab.



Daim ntawv no tej zaum kuj yuav muab faib rau (cov) xib fwb hauv chav kawm, tus neeg tsav tsheb npav, thiab lwm tus neeg ua hauj lwm nyob rau hauv tsev kawm ntawv tau saib yog tsim nyog xav paub txog.

www.foodallergy.org/document.doc?id=234