



SHEBOYGAN AREA  
— SCHOOL DISTRICT —



Working Together  
for You

# Helping You Create More *great firsts*



Dear SASD Employee,

Sheboygan Area School District and ATI Physical Therapy are joining forces to bring you and your family a new benefit option! It's a program called ATIFirst where physical therapy can be your first treatment option to help you reduce pain and get you back to you being you.

Dealing with a chronic pain or an injury can be hard... and sometimes expensive. In many cases, it limits the things you can do for your students and family, and doesn't allow you to perform at your best. Why let your pain take precious time away from the things you enjoy? No one wants to miss out on great moments at work or at home. Let Sheboygan Area School District and ATI Physical Therapy help you experience those moments pain free and at no cost to you. That's right; physical therapy will be available with no out-of-pocket costs for you and your covered family members.

Instead of going to the doctor or hospital, making an appointment with your physician and paying for prescription medicine, make ATI Physical Therapy your first call. Did you know that 70 percent of patients that utilize physical therapy first for back, shoulder and knee pain are successfully treated without the use of imaging, prescription medication or physician visits? ATI works with you to help reduce pain and achieve your goals — in a fun, friendly and encouraging environment.

If you are experiencing pain, you no longer have an excuse to live with it. Your return to a full and active lifestyle is our primary concern. With no co-pay, zero patient liability and no physician referral needed, you have nothing to lose by calling **ATIFirst**.

Call **855-MY-ATIPT** for a complimentary assessment and let us help you live pain free and experience more firsts with your family and at work. You have nothing to lose and everything to gain.



855-MY-ATIPT • ATIPt.com

© 2018 ATI Holdings, LLC and its subsidiaries. All rights reserved.



## Frequently Asked Questions

### What services does ATI provide?

We offer a variety of individualized treatment from physical and hand therapy to specialty therapies, like pelvic treatment options for women. Did you know that 70 percent of patients that utilize physical therapy first for spine, shoulder and knee pain are successfully treated without the use of imaging, prescription medicine or physician visits? Your return to an active lifestyle is our primary concern. We'll work with you to help reduce pain and achieve your goals—in a fun, friendly and encouraging environment. If you're experiencing pain, don't live with it. Schedule an appointment today.

### Is this covered by my insurance?

If you are covered under the Sheboygan Area School District Health Plan, this service is 100% covered and you have no patient liability.

### What if I'm not sure whether I need physical therapy?

That's OK. That's why we are here. You can drop by any one of our clinics or call 1-855-MY-ATIPT to schedule a complimentary injury screening assessment. Based on your visit, we will recommend the best course of action to help you live pain free.

### How do I make an appointment with ATI?

To make an appt., you can call 1-855-MY-ATIPT or go online at [atipt.com](http://atipt.com) and click on the black button on the top banner that reads "Request Appointment".

### Do I need a doctor's referral?

No. You do not need a doctor's referral.

### What can I expect at my first appointment?

Your first visit will last approximately one hour and will include a comprehensive evaluation and applicable treatment administered by a licensed physical therapist. Your physical therapist will review your medical history, diagnostic tests and any recent events that may have contributed to your current condition. Your evaluation will include assessment of your current functional deficits, pain level and posture, as well as a thorough evaluation of your flexibility, strength, balance and endurance.

Following your evaluation, your physical therapist will thoroughly explain your personalized treatment plan and expectations for recovery and provide a commitment letter to you.

### When should I arrive?

Please arrive 15 minutes before your first appointment in order to complete all necessary paperwork.

### What should I bring to my first appointment?

- Photo identification\* (Valid Driver's License, Valid State ID, School ID Card, or Valid Passport)
- Insurance card to validate that you're a health plan member.

\*As a creditor under the Federal Trade Commission's

"Red Flags Rule," we adhere to an Identity Theft Prevention Program. For this reason, we ask that you present photo identification at the time of registration. We appreciate your cooperation in assisting us with protecting your identity and the prevention of identity theft.

### What should I wear to my appointments?

Comfortable clothing, athletic wear, preferably no jewelry.