

2023-2024 Lake Country Academy Middle School Athletic Code



Lake Country Academy
4101 Technology Parkway
Sheboygan, WI 53083

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Mission:

The mission of the Lake Country Academy Athletics Program, along with the Sheboygan Area School District, is to provide all students with the opportunity to participate and experience athletics in a respectful, responsible, and safe environment.

Goals:

- To provide student athletes an organized activity to help facilitate their social, emotional, and cognitive growth.
- To allow students the opportunity to learn and practice various athletic skills.
- To promote 21st century learning skills, collaboration, creativity, problem solving, and critical thinking.
- To generate a sense of school pride and culture between students, staff, and community.

Participation:

Middle School athletics in the Sheboygan Area School District function on a “no cut” policy. This means any and all students who are interested in participating in Interscholastic Athletics have the opportunity to do so.

Academics:

Academics are an integral component in being a student athlete. All athletes are required to maintain and produce grades that meet expectations in the classroom. According to the LCA Student/Parent Handbook, “Students must have a ‘C’ average in all of their classes to participate in any extracurricular activity. This means that students achieving a 70% or above are eligible for extracurricular participation” (pg. 11). Extracurricular opportunities are a privilege and students who are not able to maintain this level of academic achievement must work hard to improve their grades in order to be eligible again. Teacher discretion will be taken into consideration if the student is doing his/her best and is working hard.

Behavior:

All Lake Country Academy students are expected to be safe, engaged, respectful, and responsible while participating in extracurricular activities. Students who fail to meet the expectations found in the LCA Student/Parent Handbook are at risk of losing playing time. Students who received an In School or Out of School suspension during the season will be suspended one game for each day of the suspension.

Concussion Form:

Athletes and Parents/Guardians will be required to read and sign the concussion information provided by the Wisconsin Interscholastic Athletic Association (WIAA). This form is required before athletes may practice or play.

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Physicals:

Students will need to have an updated WIAA physical form on record before they can practice or play. Physicals fall under two different categories, Physical Cards and Alternative Year Cards. If the student already has a physical form filled with an independent athletic association, it is the parent/guardian's responsibility to obtain a copy for Lake Country.

- A Physical Card (Clearance Form) is required the first year of participation in athletics. Physical Cards are "good" for two years.
- Alternative Year Cards are required for the second year of the Physical Card. This card is good for one year.

Attendance:

Student athletes must be present during the school day to be eligible to practice or play in the evening after school. Absences during the day due to medical appointments or family emergencies are excused and do not affect practice or game participation. Students with truancy issues may be precluded from participating until the issues have been resolved.

Travel:

Transportation to away competitions is the responsibility of the parents/guardians. If students participate in a sport with their home school, they will need to follow the travel policies of that school.

Injuries:

Coaches will notify parents/guardians of any and all injuries that occur during practice or games. If a student has an injury that the coach may not be aware of, it is his/her responsibility to communicate the injury. Accident/Injury reports may also be filed with the office.

Financial Obligations and Equipment:

Students will be required to pay a fee to the LCA office for each sport they participate in. Students will also be responsible for their school issued uniforms throughout the season. If a jersey is lost, a fine will be applied to the student's fees.

- Volleyball: \$50 (cash OR checks can be made out to Lake Country Academy)
- Basketball: \$30 (cash OR checks can be made out to Lake Country Academy)
- Other Sports: \$20 (cash OR checks can be made out to the home school and turned in to the LCA office)

Sports Offered:

Volleyball and basketball will be offered at Lake Country Academy. All other sports will require students to sign up with their home schools, but students are still expected to follow our LCA Athletic Code.

- Cross Country: Offered to 6th-8th grade students through your home school (September-October)
- Girls Volleyball: Offered to 7th-8th grade students at LCA (August-October, March-May)
- Boys Basketball: Offered to 7th-8th grade students at LCA (September-December)
- Girls Basketball: Offered to 7th-8th grade students at LCA (January-February)
- Wrestling: Offered to 6th-8th grade students through your home school (January-March)
- Tennis: Offered to 6th-8th grade students through your home school (April-May)
- Track & Field: Offered to 6th-8th grade students through your home school (April-May)

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Print Student's Last Name

Print Student's First Name

Grade

I have read and fully understand the rules and regulations stated in the Lake Country Academy Athletic Code. My participation in athletic activities is a privilege and not a right. I acknowledge that, as a participant representing my school and the Sheboygan Area School District, I serve as a role model for all students. Having recognized this, I pledge to honor this code during my enrollment.

Student Athlete Signature: _____ **Date:** _____

I have read and fully understand these rules and regulations. I will enforce and uphold them. I understand that failure to do so will result in my student athlete's ineligibility to participate. I understand a signed athletic code, concussion form, and complete physical must be submitted with the athletic fee(s) to the LCA office before my student athlete may participate in practice or competitions. An additional athletic code will need to be signed for students participating in a sport with their home school (any sport other than volleyball or basketball). These codes can be found on the home school's website.

Athletic Code(s) Concussion Form Physical Card Fee(s)

Parent/Guardian Signature: _____ **Date:** _____

Sports Student Plans To Participate In Or Is Interested In: (check all that apply)

<input type="checkbox"/> Cross Country (\$20 to home school)	<input type="checkbox"/> Girls Volleyball (\$50 to Lake Country)	<input type="checkbox"/> Boys Basketball (\$30 to Lake Country)	<input type="checkbox"/> Girls Basketball (\$30 to Lake Country)
<input type="checkbox"/> Wrestling (\$20 to home school)	<input type="checkbox"/> Tennis (\$20 to home school)	<input type="checkbox"/> Track & Field (\$20 to home school)	_____
			Name of Home School

Liability Statement:

I understand that neither the coaches, director, Lake Country Academy, nor anyone associated with the Lake Country Academy Athletics Program will assume responsibility for medical, dental, or any other expenses incurred as a result of accidents or injuries during practices or games.

Student Athlete Signature: _____ **Date:** _____

Parent/Guardian Signature: _____ **Date:** _____